What is claimed is:

- 1. A halogen lamp of a 12V type, comprising:
- 2 a glass part, a portion of which is a light emitting portion
- 3 having a space therein and the rest of which is a sealing portion,
- 4 both portions being made of quartz glass;
- an infrared reflective coating formed to cover an outer
- 6 surface of the glass part;
- 7 a filament which, supported by the sealing portion, is
- 8 provided in the inner space of the light emitting portion;
- 9 a molybdenum foil which is embedded in the sealing portion
- 10 and is electrically connected to the filament; and
- 11 a power supply line, one end of which is connected to the
- 12 molybdenum foil, the other end being exposed to outside the glass
- 13 part, wherein
- 14 $450 \text{mm}^2 \leq \text{Sb} \leq 650 \text{mm}^2 \text{ and Se} \geq -0.35 \text{Sb} + 520, \text{ in which Sb}$
- 15 designates an outer surface area of the light emitting portion
- 16 and Se designates an outer surface area of the sealing portion,
- 17 are satisfied.
- 1 2. The halogen lamp of Claim 1, wherein
- the light emitting portion of the glass part is either
- 3 substantially spheroid or substantially spherical.
- 1 3. The halogen lamp of Claim 1 having 45 to 80 wattage
- 2 inclusive.
- 4. A halogen lamp with a reflecting mirror, comprising:
- the halogen lamp defined in Claim 1; and

- 3 a reflecting mirror which is attached to the halogen lamp
- 4 so as to surround the halogen lamp.